England Squash

**ADVICE AND SUPPORT FOR INDIVIDUALS RECIVING A DISCLOSURE**

If you have personally received a disclosure you may wish to speak with someone confidentially to help you to deal with what you have heard. You may also feel the need to be reassured that the issues are being dealt with in the best possible way with the interests of the child or young person being paramount. Clearly confidentiality is essential and therefore when seeking support or guidance from a recommended source as detailed below you will be expected to keep the personal details (names of individuals concerned) confidential. The following contact details provide a variety of potential support mechanisms for you to approach.

**Aftermath**

PO Box 414

Sheffield

S4 7RT

Tel/fax 0114 275 3883

Helpline 0114 275 8520

Support, advice and befriending for families of serious offenders

www.aftermathuk.org.uk

**Careline**

Cardinal Heenan Centre

326 High Rd

Ilford

IG1 1QP

Tel 020 8514 1177

Confidential crisis telephone counseling service for children, young people and adults. Face to

face service for adults.

www.ukselfhelp.info/careline

**Child Line**

Studd Street

London

N1 0QW

Tel 020 7239 1000/fax 020 7239 1001

Free national telephone helpline for children 24 hrs 0800 1111

www.childline.org.uk

**Family Rights Group**

The Print House

18 Ashwin Street

London

E8 3DL

Tel 020 7923 2628/fax 020 7923 2683

Assists families with children in care/residential accom/involved in child protection procedures

www.frg.org.uk

**FSU**

207 Old Marylebone Road

London

NW1 5QP

Tel 020 7402 5175/fax 020 7724 1829

Counselling, welfare, legal advice. Offices in all areas of UK

[www.fsu.org.uk](http://www.fsu.org.uk)

**Institute of family therapy**

24-32 Stephenson Way

London

NW1 2HX

Tel 020 7391 9150/fax 020 7391 9169

Family & couple therapy. Problems for families, children, adolescents, relationships, divorce,

separation, illness and bereavement

www.instituteoffamilytherapy.org.uk

**Lifeline**

Susan Dyas

Walnut Tree House

98 Moor End

Holme on Spalding Moor

YO43 4DR

Tel 01262 469 085

Help and advice for families experiencing psychological, physical or sexual abuse within the

home. Encourages and supports groups

**Parentline Plus**

Unit 520

Highgate Studios

53-57 Highgate Road

London

NW5 1TL

Tel 020 7284 5500

Helpline 0808 2222 2222

Support for all families/stepfamilies

www.parentlineplus.org.uk

**SAFE**

PO Box 1557

Salisbury

Wiltshire

SP1 2TP

Tel 01722 410 889

www.ukselfhelp.info/safe

**The Samaritans**

The Upper Mill

Kingston Road

Ewell

KT 17 2AF

Helpline (local call rate) 08457 90 90 90

Admin tel 020 8394 8300/Fax 020 8394 8301

Nationwide, non-religious, non-political 24 hour confidential support

[www.samaritans.org.uk](http://www.samaritans.org.uk)