

October 31- November 3 | 2024 | Sheffield WELCOME GUIDE





Abbeydale Squash and Fitness Club



Hallamshire Tennis, Squash and Racketball Club



Fulwood Squash and Racketball Club







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Mark Williams, CEO, England Squash



On behalf of everyone at England Squash, I am delighted to welcome players from around the UK and Ireland to the ProAir British Junior Championships in Sheffield.

This event has always been one of the most coveted titles on the domestic junior circuit - even more so this year, with the event celebrating its 50th anniversary. Previous winners include Sarah-Jane Perry, Alison Water, Emily Whitlock, Peter Nicol, Lee Beechill, James Willstrop and the host's city very own Nick Wall, highlighting the calibre of the event. With the UK and Irelands best 400 or so players competing across the 12 competition categories, there will be plenty of fantastic squash played as all involved strive to achieve their goals.

I'd like to thank all those involved in organising the championships, especially Abbeydale, Hallamshire and Fulwood, who together with the events team here at England Squash, work incredibly hard to put on an event that delivers for players, parents, coaches, sponsors and spectators.

Finally, to all of you playing in this special anniversary edition of the event, I want to wish you the very best of luck and I hope everyone attending in whatever capacity, has a successful and enjoyable time in Sheffield.

Nick Matthew, 3 x World Squash Champion



Welcome to the British Junior Squash Championship in my home city of Sheffield. It's the third consecutive year we've hosted the event and we look forward to delivering the very best event we can.

I am looking forward to seeing juniors from all across the UK and Ireland filling our three host venues. It reminds me that squash is a sport that brings everyone together and an opportunity to make lasting relationships.

This year we are delighted to welcome back our title sponsor ProAir, of whom director Mark Schofield is a regular player at Hallamshire, and also the University of Sheffield, Faraday

Scientific, Peptide Synthetics and Carmats. These important partnerships allow the event to develop and be delivered to the highest standard.

With Olympic squash on the horizon in LA 2028, who knows, we might be witnessing some gold medallists of the future. What a powerful inspiration for any young player. Play hard!





Laura Mumford, Competitions Manager, England Squash



I am delighted that the very best players from the UK and Ireland are heading to Sheffield to compete in this very special 50th anniversary edition of the British Junior Championships.

We continue to strengthen the event and this year we are excited to introduce several new initiatives. For the first time, girls and boys will compete in separate under 9 playing categories and all finalists will receive prize money, in addition to other prizes.

England Squash would like to thank the other nations' governing bodies for their continued support which is central to making the event a special tournament for all involved.

The enthusiasm of the players, commitment of the parents & coaches and the dedication of the organisers and venues combine to demonstrate the strength of our sport and the opportunity we have to further develop our players, venues and networks.

I would also like to thank our headline sponsor ProAir and our other supporting partners whose continued support helps bring the championships to fruition.

I wish all players the best of luck and look forward to seeing you all on court.



The View of Former Champions

Amelie Haworth, GU19 Champion 2023

The British Junior Championships has always been a special tournament for me and one I've always prepared well for. Winning the GU19 event last year meant a lot to me as it placed me at the top of British junior squash and it gave me a confidence boost going into the rest of the season.

The experience of playing in this large-scale event has helped me transition to the professional game.

Jonah Bryant, BU19 Champion 2023

With the British Junior Championships being the highest profile and ranking junior domestic event, I was determined to win the event last year after just missing out on the title in 2022. Winning the event established myself as the best in the UK and Ireland and gave me confidence as I progressed into the senior game.

I'm looking forward to watching some of the matches this year. I have no doubt all categories will be hotly contested!





The Team

Laura Mumford England Squash Competitions Manager 0161 4384329 laura.mumford@englandsquash.com

Tim Vail Event Director 07939 005959 juniorcompetitions@englandsquash.com

> Ashley Smith Lead Referee

Mark Tasker Abbeydale Squash and Fitness Club <u>info@mtacademy.net</u>

Adam Turner Hallamshire Squash and Racketball Club adam.turner@apexprogramme.co.uk

David Payne Fulwood Squash and Racketball Club <u>fulwoodsquashevents@gmail.com</u>

Meet the England Squash Competitions Team

Please come and meet the England Squash competitions team at Hallamshire on Friday between 11am and 12 noon. We'd really like to hear your thoughts about our events and how we can make them better for players, parents and coaches. There is no need to make an appointment – just pop in whenever convenient.





We are delighted to have the support of the following sponsors. Click on the logos to visit their websites.



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PeptideSynthetics

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email: hello@proaireng.co.uk • call: 0330 223 3399 www.proairengineers.co.uk





"We are honoured to sponsor the ProAir British Junior Championships 2024, supporting England Squash, Abbeydale Squash & Fitness Club, Hallamshire Tennis & Squash Club, and Fulwood Sports Club in Sheffield."

Mark Schofield, Director ProAir Engineers







Be part of a thriving sports scene

Multi-purpose sports hall

New 180 piece multistorey gym

Strength and conditioning facilities

- 3 squash courts
- 2 fitness studios
- 45 acres of grass pitches
- 1 spin studio
- 6 synthetic pitches

Are you an Elite Squash player?

Find out more about our **Elite Athlete** programme



@sheffunisport sport.sheffield.ac.uk







Software and instrumentation for metrology and control

Recruiting talented Scientists Engineers Coders

www.faradayscientific.co.uk

PeptideSynthetics

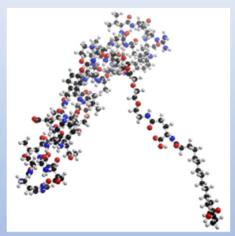
•••• Peptide Protein Research Ltd.

Peptide Uses

There are over 100 licensed peptide-based drugs available treating conditions such as Type 2 diabetes, multiple sclerosis, enhancing blood clotting and treatment of high blood pressure. Peptides are also used in diagnostic kits such as COVID and bovine TB detection and can be used to analyse disease markers in patient biofluids.

Service summary

Unnatural amino acids and peptide modifications Peptides for antibody production Peptide sets and peptide libraries All peptides supplied with mass spec and RP-HPLC data info@peptidesynthetics.co.uk www.peptidesynthetics.co.uk Tel: 01489 890094 Fax: 01489 896122



Ozempic – anti-diabetes drug

We are recruiting talented scientists







Bespoke Car Mats

For All Makes And Models

X Made To Order





England Squash Official Partners

Merchandise



<u>iPROSPORTS</u> are England Squash's official merchandise and event printing partner.

Tournament Ball

<u>Dunlop</u> is England Squash's official ball partner and provide the balls for the event. The Dunlop Pro (double yellow spot) will be used for all events at the tournament, other than the under 9 categories which will use the Dunlop Competition (single yellow spot) ball.





Official Shoe

<u>Adidas</u> is England Squash's official shoe partner and are providing shoes to the winners of each category.

Official String

<u>Ashaway</u> are England Squash's official string partner and are providing the prizes for the finalists and the welcome gifts for all entrants.







The safeguarding lead for the event is Laura Mumford. Please contact Laura if you have any concerns.

M: 0161 4384329

E: laura.mumford@englandsquash.com

For general infoamtion on safeguarding and our holicies, please see the Safe Squash page on our website: <u>www.englandsquash.com/about-us/governance/safe-squash</u>

We have some specific guidance regarding changing arrnagements for junior players:

Abbeydale:

This venue is a mixed sport facility, so the changing and toilet areas are for use by the general public. If you wish to use a designated individual toilet/changing area there is an accessible toilet which can be used for changing and will be for the use of the general public who might require this facility and junior squash players only.

Fulwood:

This venue is a mixed sport facility, so the changing and toilet areas are for use of the general public. If you wish to use a designated individual toilet/changing area there is an accessible toilet in the bar area which can be used for changing and will be for the use of the general public who might require this facility and junior squash players only, or two stand alone toilets in the tennis pavilion which can be used for changing.

Hallamshire:

General changing and shower facilities are used by other members of the club, however there are 3 individual changing cubicles that can be used by junior squash players if needed.

Safeguarding Leads:

The event has designated safeguarding staff available throughout the competition, if you have any safeguarding concerns please get in touch with them.

Abbeydale:	Laura Mumford:	0161 438 4329
Hallamshire:	Vickie Prow:	07796 181 286
Fulwood:	John Mullins:	07989 126 153

Volunteers

Volunteers will be on hand throughout the event to assist players, parents and spectators and help ensure the event runs smoothly. All volunteers, along with other event staff, will be clearly identifiable from their event t-shirts and ID badge.

Please respect our team of volunteers. They freely give up their time for the love of the event and sport in general.





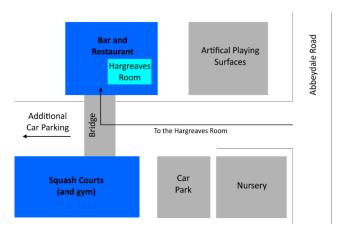
Marker Awareness Workshop – Calling the shots for Parents/Guardians and Players

During the event, England Squash will be hosting and offering all parents/guardians/coaches and players the opportunity to attend a Marker Awareness Workshop presented by a senior Level 3 ES referee. The workshops will be hosted in the Hargreaves room at Abbeydale on Thursday 31st October at 11am and 2pm. Each workshop will last approximately one hour. The Hargreaves room is accessed from the Dale Sports Bar (the bar at Abbeydale, see map below). These workshops are designed to provide participants with the basic skills and confidence to mark matches, make more effective decisions and give concise explanations when challenged.

Places on the workshops are limited and booking is essential. To book a place on the workshop please click and follow the link below book a place for yourself and/or child(ren). Bookings will close on 29th October.

https://englandsquash.typeform.com/to/JO2qIUUM

Please note this workshop will be in a presentation format, and while every attempt is made to ensure that it is suitable for junior players of all ages, it may not be suitable for some U9s and U11s. All U9s and U11s players must be accompanied by a parent/guardian.



Registration and Tournament Desks

All players must sign in at the venue's tournament desk at least 30 minutes before their first match. We cannot accept parents or guardians signing in on a player's behalf.

Please direct all enquires to the staff on the tournament desks. They are there to help and ensure the event runs smoothly for all involved.





Event Categories

There will be events for the following age categories:

Girls:U9 / U11 / U13 / U15 / U17 / U19Boys:U9 / U11 / U13 / U15 / U17 / U19

As usual, players can only enter one category.

Format

All matches are to be played best of 5 games.

All games are be played PAR (point a rally) to 11. Should the score reach 10-10, a player needs to win by 2 clear points.

A range of playing formats are in use to cater for the different draw sizes. Some use the standard monrad format, others use round-robin groups and some a hybrid of these. All formats will result in each player receiving a final finishing position.

Match Organisation

Matchplay is scheduled to take place at the following times:

- Thursday 31st October: 9am 8pm
- Friday 1st November: 9am 8pm
- Saturday 2nd November: 9am 7pm
- Sunday 3rd November: 9am 5pm

Please be aware play may extend past these times when necessary.

With the exception of the boys and girls under 9 events, all semi-finals and finals are to be played on the all-glass court at Abbeydale on the Saturday and Sunday. This court has extensive tiered seating.

Draws, Schedule of Play and Results

Event draws, schedule of play and results are managed using SportManager, England Squash's tournament platform. Online access to live updates will be available throughout the tournament by accessing the tournament page on SportManager via your smartphone/tablet/laptop.

The draws will indicate the venue and which court matches are to be played. The following codes are used to identify a venue:

- Abbeydale: A
- Fulwood: F
- Hallamshire: H

So for example, H3 refers to Court #3 at Hallamshire.

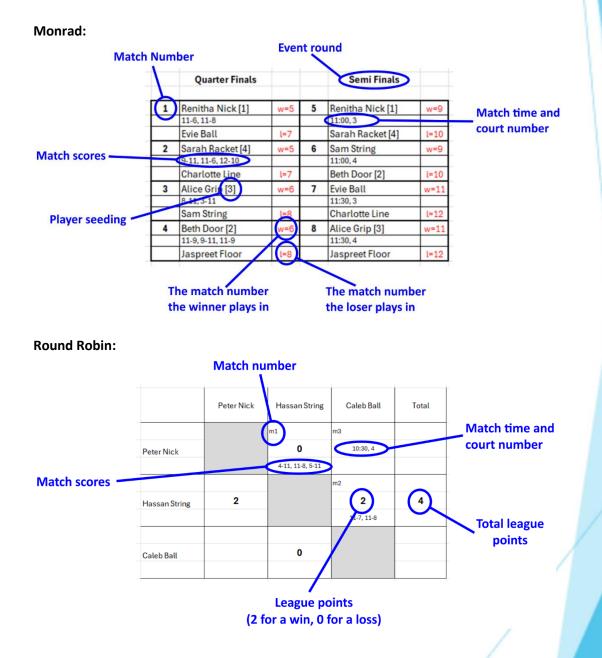




The draws can be found here: <u>www.sportmgr.co.uk/t/586588/draws</u>



Here's a quick explanation of the information shown on the draws, for monrad and round robin type formats.







Each of the venues provide practice courts before the start of play on each day. These will start one hour before the official match play start time (see section above for details). There is no need to book in advance. The practice courts will be operated on a first come first served basis. If demand is high, we ask players and parents to consider other players and share the practice courts equitably.

Practice courts are available to book on Wednesday 30th October. Please contact the venues direct by using the contacts given in The Team section above (page 6). Note, all court bookings of this type must be made by 23rd October.

Event Souvenir

Each entrant will receive welcome gifts supplied by Ashaway. These will be distributed to players when they register for their first match from the venues' tournament desks.





Trophy and Prize Presentations

There will be trophy presentations for those finishing first, second and third in each event. The finalists will receive prizes provided by Ashaway and Adidas and also cash from the event.

Please note that presentations will begin after the last final has finished on the all-glass court at Abbeydale on Sunday. All those receiving trophies are required to be present for the presentations and the photos that follow.

The Don Saunder Cup is awarded each year to the winner of the GU19 and BU19 events. This year Mr. and Mrs. Saunder will present the cups to the winners of these events.

Venues

Clubs

The event will be split over three host venues. The clubs have 19 courts between them, twelve of which are glass backs and one all-glass court.







Abbeydale Squash and Fitness Club Abbeydale Road South Dore Sheffield S17 3LJ www.abbeydalesquashandfitness.co.uk/

Fulwood Squash and Racketball Club Chorley Road Fulwood Sheffield S10 3RL www.fulwoodsportsclub.co.uk/

Hallamshire tennis, Squash and Racketball Club 716 Eccelsall Road Sheffield S11 8TA www.hallamshire.net/

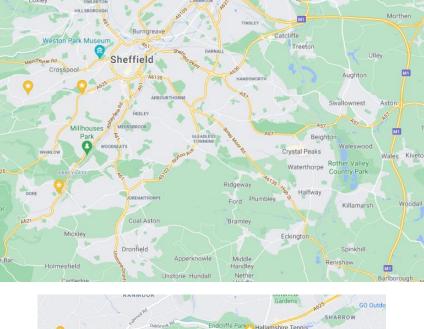


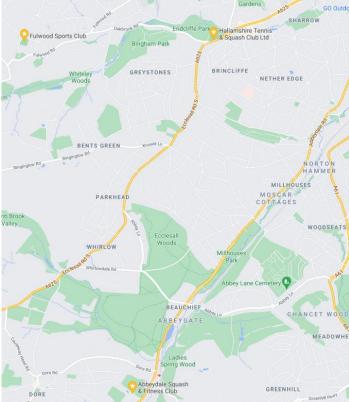


Locations

The three venues are all located on the south-west of the city and within 4.5 miles of each other, which is less than a 15 minute drive.

The location of the three clubs are highlighted on the maps below with stars:









Parking

All three clubs have car parking available.

- Abbeydale: Extensive parking is available in car parks located to the front and rear of the squash building.
- Fulwood: Parking is available in the main car park. Additional on-road parking is available on the roads immediately around the club. There are no parking restrictions, but we ask that you park safely & responsibly. The club seeks to be a good neighbour, so please park sympathetically to those that live near the club.

Hallamshire: The club's central location makes accessing the club by transport quite easy.

The car park has limited spaces and we would encourage all participants to arrive allowing enough time to allow for this. Please park only in the designated car spaces and note that caravans and motorhomes are not permitted in the car park.

The club is located on Eccelsall Road and on Fridays there is a bus lane in operation from 4pm to 6:30pm. Note, however, on Saturdays and Sundays Ecclesall Road is available for parking throughout the day and night. Please make sure to check all road signs when parking on Ecclesall Road.

Bar and Catering Facilities

All three clubs have excellent bar and catering facilities that will be open during the tournament serving hot and cold drinks and food. The menus for each bar can be found in Appendix 1 at the end of this guide. Note that meals may only be served during limited hours (see Appendix 1 for details). The bar areas are open during the following times:

Abbeydale:	Thursday: 9am-10pm
	Friday: 9am-10pm
	Saturday: 9am-11pm
	Sunday: 9am-7pm
	Abbeydale:

- Fulwood: Thursday: 9am-10pm
 Friday: 9am-10pm
 Saturday: 9am-4pm
 Sunday: 9am-3pm
- Hallamshire: Thursday: 8am-10:35pm
 Friday: 8am-10:35pm
 Saturday: 8am-8:35pm
 Sunday: 8am to 7:35pm





Exhibition Match

An exhibition match featuring Mille Tomlinson (world number 58) and Asia Harris (world number 72) will be played on the show court at Abbeydale on Saturday 2nd November at 1pm.

Following the match, there will be a question-and-answer session where spectators can ask questions and an opportunity for spectators to request autographs.

The exhibition match is free of charge and will not be ticketed, so if you want to watch the match, please make your way to Abbeydale in good time as seating will be on a first come first served basis.





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Physiotherapy & Massage

Kratos Physio (www.kratosphysio.com) are operating on-call and pre-booked physiotherapy and massage services throughout the event. Their treatment room is located at Fulwood Squash Club which is less than a 15-minute drive from Abbeydale and Hallamshire squash clubs. The services provided include:

- On call service for the treatment of injuries •
- On call and pre-booked sports massage for players and parents (why not treat yourself!)

Payment for physio/sports massages is arranged directly with Kratos Physio.



www.kratosphysio.com

Sports Massage -

(prices includes discount)





Standard Treatment



Racket Restringing

Ashaway is providing a racket restring service which is operating from the Hallamshire on Thursday, Friday and Saturday and from Abbeydale on Sunday.

Neil Gridley from NGStrings will be providing the service and please feel free to contact Neil with any queries and if you have any specific requirements, such as grommet strip replacement.

£5.00

Neil Gridley:

Email: <u>ngstrings@hotmail.com</u> Mobile: 07980 608812

The following Ashaway strings are available at discounted prices:

•	UltraNick / PowerNick / MultiNick:	£15.00
•	SuperNick ZX / ZX Micro:	£13.50
•	SuperNick XL / XL Micro:	£12.00
•	Any non-Ashaway brand re-string:	£20.00

Ashaway Re-grip:







Medical

Hospitals:	The Northern General Hospital runs Sheffield's Accident and Emergency department:		
	Address:	Northern General Hospital Herries Road Sheffield S5 7AU	
	Directions:	How to get to the Northern General Hospital	
	Telephone:	In an emergency: Dail 999 Switchboard: 0114 243 4343	
	Website:	www.sth.nhs.uk/our-hospitals/northern-general-hospital	
	Sheffield Childr	en's Hospital	
	Address:	Sheffield Children's NHS Trust Foundation Western Bank Sheffield S10 2TH	
	Telephone:	0114 271 7000	
	Website:	www.sheffieldchildrens.nhs.uk/	
First Aid:	A first aid officer is onsite at all venues		
Physio:	Name:	Luke Bartlett	
	Company:	Kratos Physio	
	Address:	Fulwood Sports Club Chorley Road Sheffield S10 3RL	
	Website:	www.kratosphysio.com	
	Tel:	07874 371648	

Eye Protection

Wearing eye protection during matches is <u>mandatory</u> for all players. Approved eye protection must be worn that meets England Squash requirements: British Standard BS7930-1. Please note that those who require prescription spectacles must either use a visor or wear instead prescription sports goggles/glasses.

For further details, please see the information here: <u>Protective Eyewear</u>.





Rules, Regulations and Code of Conduct

Rules and Regulations

Please familiarise yourself with the current England Squash rules and regulations for sanctioned events that can be found here:

Rules and Regulations

It is particularly important that players, parents and coaches understand the rules around withdrawing from the event. Withdrawing from the event under certain conditions can lead to there being no ranking points being allocated. This is detailed in Section 4 of the guide

Code of Conduct

All competitors, parents/guardians, spectators and coaches agree to abide by the England Squash Code of Conduct. For details, see here:

England Squash Code of Conduct

We politely insist that parents refrain from interference in matches. Any complaints should be addressed to the tournament desk.

Clothing

All players must wear clothing suitable for squash including non-marking soles on footwear.

Players competing in matches where streaming is taking place must not wear the same-coloured top as their opponent. All players are required to bring a minimum of two different coloured tops to these matches. In the event that two players are wearing the same-coloured top for a match, the lower seeded player must change into their second top to prevent any clashes.

Tin Height

The tin height for all matches will be at 19" (48cm).





Live Streaming, Photography and Video Recording

England Squash

There will be official live streaming throughout the event of the matches played on the all-glass court at Abbeydale.

An official photographer will be taking photographs from around the venues throughout the event and some of these will be posted on England Squash's website and social media channels.

By taking part in this event, you agree to allow video streaming of your matches and photographs to be taken during the event and England Squash to use these as described above. If you have any concerns, please inform the tournament desk at registration.

Video Recording and Photograph by Individuals

Players and parents are permitted to record matches and take photos at the event so long as consent is provided from all those involved. Where a child is involved, consent must be obtained from their parent/guardian.





Qualified England Squash Referees and Marking of Matches

England Squash will be providing referees for matches throughout the event at Abbeydale and Hallamshire. For those matches that do not have an England Squash referee allocated, both players from the previous match must mark. This is a mandatory requirement for playing in the event. If any players need support in this role, they must discuss this and any other refereeing concerns with the Tournament Desk.

England Squash is also looking for parents, coaches and guardians with marking experience to volunteer to officiate on 2-3 matches at this competition. If you have experience and are willing to offer to officiate matches, please contact Vickie Prow (vickie.prow@englandsquash.com) before 28th October. England Squash will ensure that any volunteers are allocated matches at their preferred location and avoid any conflict of interest with their own player(s).

Referee Statement from Ashley Smith, Lead Referee

All players, their parents/guardians, and coaches, must note the Referee Statement before the event which sets out the stance to be taken by the appointed ES referees with regards to discipline. The Lead Referee for the BJC would therefore like to make the following statement at the beginning of these Championships to set the stance on matters regarding behaviour and discipline.

Players, parents/guardians and coaches are advised to make themselves familiar with the current England Squash Code of Conduct (<u>Codes of Conduct</u>) and the automatic penalties for accumulated points. Referees will implement the Code of Conduct rigorously against any violations including audible/visible obscenity, verbal/physical abuse, dissent, coaching, late back on court, delaying play, court/racket abuse. Referees will use the code of conduct according to the severity of the offence.

Whilst referees will be doing their utmost to get all decisions correct, there will inevitably be times when the players disagree. Players are entitled to ask for an explanation, which will be given. However, Referees will apply the code of conduct as soon as they consider that a discussion is being unnecessarily prolonged. The referees would greatly appreciate players honesty in declaring promptly if their shots are "not up", "down", etc.

Should a player wish to talk to the referee, they should move onto the "T" which enables their voice (and that of the referee) to be heard over the glass back wall. Please note, it is not permitted for the door of the court to be opened to speak to the referee without the referee's permission.

The referees will also be ensuring the following:

- That approved eye protection is always worn when players are on court. This includes the warmup and practice.
- A "Fair Share of the Warm-up" with a maximum of three strikes from each player then a cross court to their opponent.
- No wiping of hands on any court surfaces. Players may take a towel on court and reasonable time will be permitted. However, tactical, or excessive use will be deemed as delaying play, and the referee will use the code of conduct.





Whilst the above guidelines will apply to players, please note that referees and tournament staff will not tolerate any form of dissent or abuse from parents/guardians or coaches, under any circumstances. If there are any queries regarding any aspect of the matches, they should be addressed to the Tournament Desk and not the Match Referee. The Lead Referee will be available if required.

The Referee Team are very much looking forward to officiating at the ProAir British Junior Championships.

Please help England Squash by following these guidelines so that the tournament can be free from controversy; England Squash would all like to have an enjoyable and successful event.

Follow the Action

To follow all the action live from the show court, head to the BJC website to watch the live video stream: <u>Watch Live!</u>

For colourful commentary and reaction from the championships follow:

- Instagram: England Squash: @england_squash
- Facebook: England Squash: @englandsquash
- X/Twitter: England Squash: @englandsquash
- TikTok: England Squash: @englandsquash
- Website: <u>www.britishjuniorchampionships.com</u>

Share your championship photos and tag in the channels above using hasthtag #BJC2024 for a reshare.

Sponsorship of Events

Sponsoring England Squash events and competitions are a great way to connect with a new audience and markets whilst supporting our sport.

If you are interested in sponsoring this event next year, or any England Squash event or competition, then please get in touch with our competitions team at <u>competitions@englandsquash.com</u>



About Sheffield

Recently named the greenest and most sustainable city in the UK (<u>Greenest and most Sustainable City</u>), Sheffield is nestled next to the Peak District National Park. Perhaps surprisingly, it was ranked number two in a list of the best city breaks in Europe <u>Best City Breaks</u>!

Attractions:

There are a vast range of attractions in the city, including the <u>Sheffield Botanical Gardens</u>, <u>Peak District</u> <u>National Park</u>, the <u>alpaca park</u>, <u>Meadowhall shopping centre</u> and a wide array of restaurants and bars.

- This link provides ideas of how to spend time in the city and vicinity: Things to do in Sheffield
- This link provides a summary of the some of the restaurants in the city: <u>Some of the Restaurants</u> <u>in Sheffield</u>

Transport:

Sheffield has good transport links with the rest of the country and within the city.

Airports: East Midland: A 60-minute drive to Sheffield Manchester: A 70-minute drive to Sheffield Leeds-Bradford: A 90-minute drive to Sheffield
Trains: Sheffield train station is a major hub on the rail network and well connected to all parts of the country. The clubs are around a 20-minute drive from the station.
Buses: The city offers a good bus service. This website allows journey planning: <u>Travel South Yorkshire</u>



Appendix 1: Bar Menus

Fulwood

The Lawn View Clubhouse will be open throughout the event (see map below for location within the club grounds).

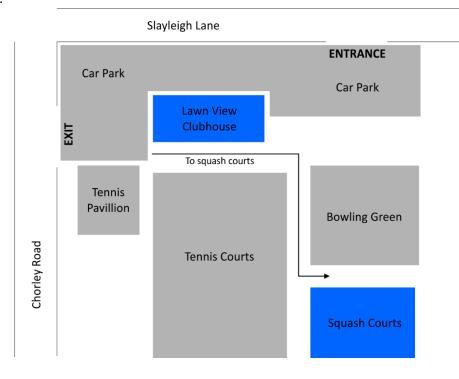
Below is a summary of what will be available to purchase. Please note the times meals are available on Thursday and Friday.







Location Map:







Appendix 1: Bar Menus

Hallamshire

The bar at the Hallamshire will be open throughout the event. Please see the Venues section for details of opening times.

The food options for the event are below.

Indulge in our cozy atmosphere and explore a delightful range of beverages and snacks! Warm up with our expertly crafted hot drinks, including rich coffees, soothing teas, and velvety hot chocolate. If you're in the mood for something refreshing, our selection of soft drinks or smoothies will hit the spot.

For those looking to unwind, we offer a curated list of alcoholic beverages, perfect for any occasion. And don't forget to try our delicious paninis bursting with flavour—ideal for a satisfying lunch or snack.

Join us at the Hallamshire for the perfect blend of comfort and taste!

THURSDAY 31ST OCTOBER, FRIDAY 1ST & SATURDAY 2ND NOVEMBER

PANINI MENU 11AM - 3.30PM

Served with a side of Coleslaw & Salad

£5.20/£6.50

$\mathbf{M} \mathbf{E} \mathbf{M} \mathbf{B} \mathbf{E} \mathbf{R} / \mathbf{N} \mathbf{O} \mathbf{N} - \mathbf{M} \mathbf{E} \mathbf{M} \mathbf{B} \mathbf{E} \mathbf{R}$

HAM & CHEDDAR

A stone baked ciabatta panini hand filled with premium ham & mature cheddar cheese.

PULLED PORK & CHEDDAR

Stone baked panini with pulled pork, BBQ Sauce, mature cheddar cheese, peppers & sour cream

FIRECRACKER CHILLI CHICKEN

A stone baked ciabatta panini hand filled with chicken in a chilli sauce & topped with mature cheddar

TUNA MELT

A stone baked ciabatta panini hand filled with tuna succulent sweetcorn, mayo & mature cheddar cheese

SUNDRIED TOMATO, PESTO &

MOZZARELLA

A stone baked panini hand filled with basil pesto, sundried tomato and mozzarella cheese

SEE A MEMBER OF CATERING TEAM FOR ALLERGEN INFORMATION







If any parents want to use the Hallamshire's facilities, then visitor fees will be waived and court booking fees are as below:

- Squash/Racketball Court £7.00 for a 40min booking (rackets included in booking, balls would need to be purchased)
- Outdoor Tennis £3.00 for 60min booking (rackets included in booking, balls would need to be purchased)
- Indoor Tennis £12.00 £18.00 for £60min booking (rackets included in booking, balls would need to be purchased)
- Padel £20.00 for 60min booking (padel bats included, balls would need to be purchased)
- Gym Pass £7.50 per day





Appendix 1: Bar Menus

Abbeydale

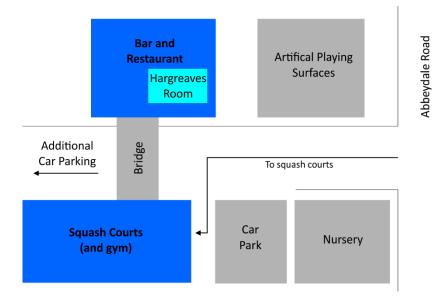
The Dale Sports Bar will be open throughout the event. In addition to the standard Dale Bar menu, the following is available.







Location Map:







Appendix 2: England Squash Events in Sheffield this Season



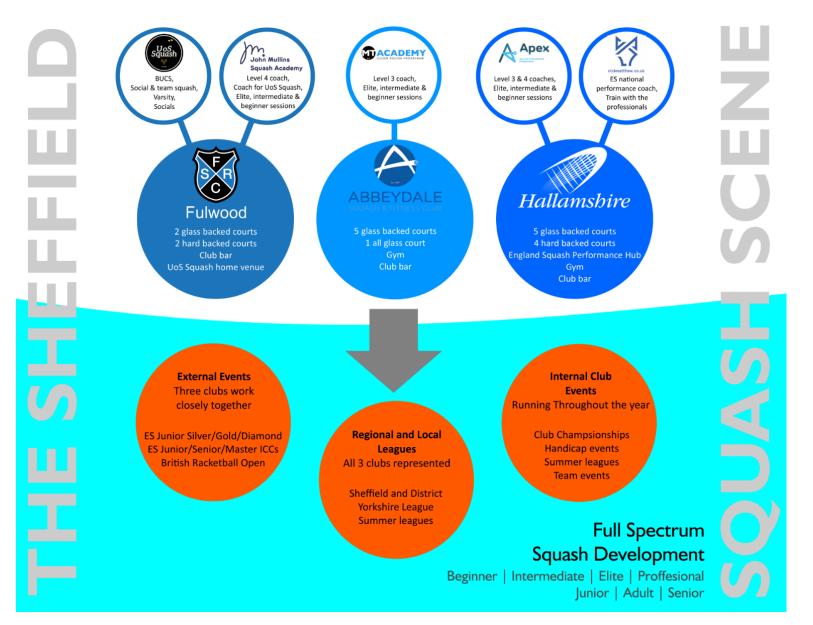
24th November 2024: Bronze event at the Hallamshire Sport Manager Event Page

> 16th March 2025: Bronze event at Fulwood Sport Manager Event Page

6th July 2025: Bronze event at the Hallamshire Sport Manager Event Page



V1



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JUNIOR CHAMPIONSHIPS

