

RETURNING TO COURT

GUIDELINES FOR PLAYING SAFELY



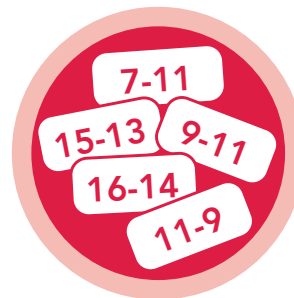
Up to four adults or children from multiple households are allowed on court at any time (except for coach-led activity).



Protective eyewear is strongly recommended at all times.



Take your bag on court with you – lockers and changing rooms may be closed.



Play normal squash (e.g best-of-five games with tie-breaks).



Bring your own racket and balls – disinfect them frequently.



Wash your hands before and after you play.



Don't wipe your hands on the court walls or raise your voice.



Displaying symptoms? Stay at home and follow Government guidance.



Scan your club/venue's NHS QR code using the NHS Test and Trace app.

Read the full Back to Squash guidance at englandsquash.com/backtosquash

Please follow current Government guidelines as these always supersede club/venue or England Squash guidelines. For further information please visit englandsquash.com/covid-19 and [gov.uk/coronavirus](https://www.gov.uk/coronavirus)